



**World Boxing Foundation**  
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**WBF RULES AND REGULATIONS FOR CHAMPIONSHIP CONTESTS**  
(Updated June 1<sup>st</sup> 2016)

The following are the duly adopted and agreed to Rules and Regulations for the WBF

Championship bout of \_\_\_\_\_ x \_\_\_\_\_ rounds for the following Championship Title:

\_\_\_\_\_ between the champion / challenger

\_\_\_\_\_ and the challenger \_\_\_\_\_ on

\_\_\_\_\_ / \_\_\_\_\_ / 20\_\_\_\_\_

Championship contests shall be governed by these Rules and Regulations and or by the rules and regulations of the Boxing Commission where the contest is to be held and will be supervised by the Commissioner designated by the Local Boxing Commission.

The WBF Supervisor must be given a centre seat in the technical zone next to the ring and shall conduct the tabulation of the scoring with the governing body supervisor in attendance and will be the sole arbiter regarding interpretation of WBF Rules and Regulations.

A WBF Supervisor must be in attendance at every official weigh-in and title bout and has full authority to administer the WBF Rules and Regulations.

The following Rules must be respected, applied and adhered to in order to have the official recognition and sanction of the World Boxing Foundation as a title contest. A copy of the Rules and Regulations will be provided by the WBF Supervisor at every Championship Contest and by receipted and signed copy of this document the boxer, manager, trainer and other agents including the promoter of the contest are subsequently bound by its provisions.

By accepting these Rules and Regulations governing Championship Contests, the parties further agree to be bound by the Championship Regulations as promulgated by the WBF.

**1.0 GENERAL RULES AND REGULATIONS**

- 1.1 All male Championship contests must be of twelve (12 x 3 Minute) rounds in duration (Intercontinental / North America and World Titles). Female contests will be of (10 x 2 Minute) rounds in duration (Intercontinental / World Titles)
- 1.2 Three judges shall score the contests and determine the winner through the use of the Ten (10) Point Must system.



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- 1.3 A WBF Title Holder must defend the said title within 90 days from the date of the championship contest. WBF Title Holder obligations under these Rules and Regulations see Miscellaneous 15.0 - (15.6) - (15.7) - and - (15.8)**
- 1.4 Within the 90 day defence period, the WBF reserves the right to issue a mandatory challenger to the title holder if the opponent meets the WBF criteria.

**2.0 WEIGH AND WEIGH-IN CEREMONY**

- 2.1 Contestants for a Championship contest shall be weighed between 4:00pm and 8:00pm (local time) on the day prior to the scheduled match at a place determined by the Local Boxing Commission and in the presence of a Commission representative and the WBF Supervisor and/or representative. The scales to be used at the official weigh-in must be available to both contestants at least two hours prior to the official weigh-in. The weigh-in time may be altered at the discretion of the WBF Supervisor and/or representative or the official promoter of the championship contest.
- 2.2 Weight determines championships, if either of the Contestants (Champion or Challenger) fails to make the prescribed weight by the official weigh-in, they have two hours to re-weigh and make weight in the presence of the WBF Supervisor and/or representative and the local Commissioner.
- 2.3 If the Champion fails to make the weight, the title will be declared vacant, but the fight may still continue as a championship bout at the discretion of the WBF Supervisor and/or representative present at the time. If the Challenger wins, they shall be declared the new Champion. If the Challenger fails to make the weight, the bout shall go on as a non-title bout. If the contest is for a vacant title and one of the Challengers fails to make the weight, the fight may continue as a championship bout and if the Challenger who has made the weight wins, they shall be declared the new Champion.
- 2.4 Under no circumstances will the WBF participate in or sanction a bout for its title when one fighter is overweight; when there is a difference of more than 10 pounds between the two participants when the lighter of the two weighs more than 160 pounds and not more than 175 pounds; or 8 pounds between the two participants when the lighter of the two weighs more than 147 pounds and not more than 160 pounds; or 6 pounds between the two participants when the lighter of the two weighs more than 135 pounds and not more than 147 pounds; or 4 pounds between the two participants when the lighter of the two weighs more than 112 pounds and not more than 135 pounds; or 2 pounds between the two participants when the lighter of the two weighs not more than 112 pounds.



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### **3.0 MEDICAL EXAMINATION AND SAFETY STANDARDS**

- 3.1 In order to encourage the preservation and protection of the health and welfare of Boxers who compete in bouts that are licensed for the WBF title, both the Champion and Challenger or Challengers must submit all medical reports of the Boxer's medical condition as required by the Local Boxing Commission having jurisdiction over the bout.
- 3.2 Prior to the contest, each Contestant must also receive a physical examination and approval by the Physician appointed by the Local Commission. The examination shall meet the standards as dictated by the Local Boxing Commission. At least one Physician shall be present at ringside and be seated at close proximity to each Boxer's corner.
- 3.3 The Promoter and/or the Local Boxing Commission, acknowledge that prior to the bout that they have complied with and met the safety standard requirements as promulgated by the Local Boxing Commission within their jurisdiction/ State/ Territory or Country and herein indemnify the WBF against any failure to do so.
- 3.4 Whether the physical examination meets the criteria and standards as dictated by the Local Boxing Commission will be the sole responsibility of the Local Boxing Commission.

### **4.0 KNOCKDOWN AND KNOCKOUT**

- 4.1 A boxer shall be considered to be "down" when, as a result of a legal blow as ruled by the Referee, who is the only person authorized to determine this, any part of their body, other than their feet are on the canvas, or if they are hanging helplessly over the ropes, or if they are still rising from the down position and not standing upright.
- 4.2. No standing eight (8) is permitted, and three knockdowns in any one round do not automatically terminate the fight. If in the Referee's judgment, the knock downs have been indecisive and clearly with no injurious effect upon the Boxer, the contest may be continued, with good sense and judgment of the officials in attendance. The Boxer's welfare is always paramount.



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- 4.3 When the Contestant is knocked down, the Referee shall audibly announce the count as he motions with his right arm downward indicating the end of each sound of the count. If the Contestant taking the count is still down when the Referee calls the count of ten (10), the Referee shall wave both arms indicating that the Contestant has been knocked out.
- 4.4 When a Contestant has been knocked down, the Referee shall order the Opponent to the farthest neutral corner of the ring and pick up the count from the Timekeeper or the Official that is counting for knockdowns. Should the Opponent fail to stay in the corner as direct by the Referee, the Referee shall stop the count at the point that it was interrupted. In the event of any knockdown, the Timekeeper's count will cease when picked up the Referee whose count shall prevail and be relied on by the Contestant.
- 4.5 A Contestant, who has been knocked out of the ring (body off the apron) as a result of a legal blow, may not be helped back in by their Corner people. The Referee shall allow the Contestant twenty (20) seconds to re-enter the ring and stand. Should the Contestant fail to re-enter the ring on his own by the allotted time, the Referee shall wave both arms to indicate that they have been knocked out and raise the hand of the opponent as the winner.
- 4.6 A Contestant may not be saved by the bell in any round. If a Contestant is down and the round has terminated, the Referee shall continue the count until the Contestant rises or is counted out. If a Contestant fails to rise before the count of ten (10), they shall be declared a loser by knockout in the round just concluded.

## **5.0 ILLEGAL BLOWS AND FOULS**

- 5.1 It is expressly understood that a Championship contest is not to be terminated by the effects of a low blow. The protection that must be used by both Contestants is sufficient protection to withstand any so-called low blow which might incapacitate either one of the Contestants.
- 5.2 If one of the Contestants, after the Referee instructs them to continue, indicates an unwillingness to continue because of a claim of a low blow, the contest shall be terminated and the contest shall be awarded to their Opponent.
- 5.3 In case of any type of accident found, the Referee shall determine if the fouled Contestant can immediately continue or not. If the Referee determines that their chances have been jeopardized as a result of the foul, the Referee may order an interval of not more than five (5) minutes rest. The bout shall continue hereafter if caused by a low blow.



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5.4 Any Contestant who deliberately fouls their Opponent during a contest shall be penalized with a deduction of points or disqualification, subject to the discretion of the Referee, depending on the severity of harmlessness of the foul and its effect on the Opponent.

## **6.0 INJURIES**

### **6.1 *FAIR BLOWS***

When an injury is produced by a fair blow and because the severity of the injury, the contest cannot continue, the injured boxer shall be declared the loser by technical knockout.

### **6.2 *SELF-SUSTAINED***

If a boxer injures themselves, such as a broken bone or sprain and is unable to continue for any other self-sustained physical reason, they shall have lost by technical knockout.

### **6.3 *INTENTIONAL FOULS***

If a Contestant intentionally fouls their Opponent and as a result an injury is produced and due to the injury, in the Referee's opinion the Contestant cannot continue, the offender shall be declared the loser by disqualification. If in the subsequent rounds the same injury should become so severe that the contest has to be suspended, the decision will be awarded as follows:

6.3.1 Technical draw, if the injured Boxer is behind on points or even on the score cards of the Judges.

6.3.2 Technical decision, if the injured Boxer is ahead on points on the score cards of the Judges.

### **6.4 *ACCIDENTAL FOULS***

If the Referee sees or determines that a Boxer has been accidentally injured by their Opponent so that they cannot continue, a technical decision shall be awarded to the Contestant who is ahead in points on the scorecards.

6.4.1 If under the same circumstances the fight can continue, the Referee shall notify the Judges, the Commission, and the WBF Supervisor that the injury has been caused by an accidental foul, so that if in the subsequent rounds the injury becomes so severe that the bout has to be stopped, the decision shall be awarded to the Contestant ahead on the score cards.



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6.4.2 If a bout has to be stopped as a result of an accidental foul before four (4) rounds have been completed, the bout will result in a technical draw.

The fourth round shall be deemed to have ended when the bell rings ending the fourth round.

## **7.0 THE REFEREE**

7.1 The Referee shall be the Chief Official in every Championship contest and shall maintain supervision and control over the contest while it is in progress.

7.2 Before any Championship contest shall begin, the Referee shall ascertain the name of the Chief Second of each Contestant and shall hold the said Chief Second responsible for the conduct of their respective corner. Shaking hands by the Contestants is permissible immediately following the Referee's instructions.

7.3 The Referee is empowered to enforce the Rules and Regulations of the Local Boxing Commission and the Rules and Regulations of the WBF pertaining to the conduct and behaviour of the Contestants.

7.4 The Referee shall be the only person authorized to determine if injuries were the result of legal blows, accidental fouls or intentional fouls and such determinations will be at the Referee's sole discretion.

7.5 The Referee shall have the power to stop a contest and render a decision at any stage if they consider it to be one-sided or if either Contestant is in such condition that to continue might subject them to serious injury.

7.6 If a Boxer sustains an injury from a fair blow or foul that the Referee believes may incapacitate the Boxer, the Referee is empowered to interrupt the contest and consult with the Ringside Physician on the advisability of allowing the bout to continue.

The Referee is the only one permitted to signal the end of a bout.

7.7 The Referee and the Contestants acknowledge that the Referee is not to be an agent, servant or employee of the WBF.

## **8.0 THE JUDGE**

8.1 Each judge will award the winner of each round ten (10) points, and the opponent an appropriately lesser number. Under no circumstances will the scoring be less than ten (10) to six (6) exclusive of penalty point deductions.

8.2 The score cards will be picked up after each round and the tally made by the local boxing commissioner official / supervisor or the WBF Supervisor in attendance.

8.3 If the Supervisor sees an error or unreadable score by a judge on their scorecard he will correct it only after having spoken to and confirmed with the judge concerned.



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- 8.4 Scoring even rounds is not recommended, the judge must take effort to pick the winner of each round based on; effective aggression, ring generalship, good defence, or anything that may give a fighter an advantage.
- 8.5 Legal punches will be scored regardless of power, if the scoring punches are even the heavy punches causing more damage will determine the winner.
- 8.6 In the event the fight stopped the judge will finish scoring the round in which it has been stopped.

#### **9.0 THE RINGSIDE PHYSICIAN**

- 9.1 The Ringside Physician may enter the ring during the course of the round only at the request of the Referee. The Ringside Physician may enter the ring between rounds on their own, and advise the Referee about the condition of either Opponent.
- 9.2 If the event that the Ringside physician advises or recommends to the Referee to end the bout, the Referee shall immediately end the bout and in the event he/she does not do so the WBF will not be liable for any injury or death of the contestant.

#### **10.0 THE TIMEKEEPER**

- 10.1 Subject to the requirements and discretion of the Local Boxing Commission, it is the recommendation of the WBF that two timekeepers be used, but one may suffice. One keeps the time of the rounds, the other is utilized for the knockdown call. Two stopwatches are to be used in the event that two timekeepers are used.
- 10.2 For Male bouts, the rounds are three (3) minutes in duration and the intervals between rounds shall be of one minute's duration.
- 10.3 For Female bouts, the rounds are two (2) minutes in duration and the intervals between rounds shall be of one minute's duration.
- 10.4 Ten (10) seconds before the minutes is up, the timekeeper will sound a warning buzzer or whistle and announce "seconds out" in a loud, clear voice.
- 10.5 Upon request from the Referee, the timekeeper shall indicate that there are ten (10) seconds remaining in each round by knocking loudly on a table with a hammer or similar instrument.
- 10.6 When a boxer is 'down' the knockdown timekeeper shall immediately start counting the elapsed seconds in a loud, clear voice. He shall indicate each elapsed second with progressive upraised fingers until the Referee has either taken up his count or told the contestants to 'box'.



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- 10.7 It is entirely up to the Referee to determine if a knockdown has occurred. If the Referee ignores or waves away the timekeeper, then that is the official ruling. If the Referee is in the course of applying a count and the round has been completed, the bell indicating the end of the round will not be sounded. If the boxer rises before ten (10) is counted and the Referee gives the command 'box', the bell will be sounded to end the round.
- 10.8 When a Referee orders and signals 'time', the timekeeper shall stop the watch and only restart it when the Referee orders 'box'. The timekeeper must always be alert to accept any signals from the Referee.

#### **11.0 DRUGS AND STIMULANTS**

- 11.1 The administration or use of drugs, injections or stimulants, either before or during a match, to any Boxer or by any Boxer is prohibited. This includes smelling salts, ammonia capsules or similar irritants. Any contestant who violates this Rule shall be subject to disqualification.
- 11.2 The Local Boxing Commission shall order anti-doping examinations immediately before or after the contest. The urine sample shall be supplied in the presence of a member of the Local Boxing Commission, the Commission Physician or their appointee, and a representative of the Boxer.
- 11.2.1 Such specimen must be collected either at least twelve (12) hours before a bout or twenty four (24) hours after a bout.
- 11.2.2 The specimen shall be collected in a sterile container and shall be divided in two (2) equal parts also in sterile containers. The specimen shall be labelled with the Boxer's name, date, time and place. The specimen shall be sealed in the presence of the above-witnesses and signed by them. A second specimen shall be used in case of doubt, spilling or argument.
- 11.2.3 If it becomes necessary to examine the second specimen, the Boxer in question, or their representative, may observe, in detail, the opening and analysis of the specimen. The Boxer, or their representative, may be accompanied by a qualified adviser selected by them.
- 11.2.4 The Boxer shall indicate at the time they give the specimen if they are under medication. If the Boxer is under medication, they shall provide evidence that they are using it for therapeutic purposes by means of medical certification and such medication may not be prohibited by the Local Boxing Commission or the WBF.



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Any drugs prohibited by the International Olympic Committee shall be considered illegal drugs by the WBF, whether considered performance enhancing or not and shall subject the violator to disqualification.

11.2.5 Any substance, other than plain water, given to a Contestant during the course of the bout is absolutely prohibited. A discretionary amount of lubricant may be used around the eyes; however, the use of lubricants, grease or any other foreign substance on the arms, legs or body is prohibited.

11.2.6 A discretionary use of coagulants approved by the Ringside Physician, such as adrenalin (1/1000), may be allowed between rounds to stop bleeding of minor cuts or lacerations sustained by a Contestant during the course of the fight.

The use of "iron type" coagulants, such as Monsel's solutions, are absolutely prohibited. The administration of any "iron type" coagulants by or to any Contestant is considered a violation and shall be grounds for disqualification.

## **12.0 GLOVES**

12.1 The weight of gloves to be used in Championship contests shall be as follows:

12.1.1 Super Welterweight up to and including Heavyweights, shall use ten (10) ounce gloves.

12.1.2 Mini Flyweights, up to and including Welterweights, shall use eight (8) ounce gloves.

12.2 The Local Boxing Commission's Inspector shall inspect the gloves of each Contestant prior to the beginning of the contest to insure that the gloves are free of any foreign substance that could be detrimental to an Opponent and are properly laced and taped.

## **13.0 BANDAGES**

13.1 The amount and type of bandages to be used in Championship contests shall be as follows:

13.1.1 In all weight classes, up to and including Middleweights, hand bandages shall be restricted to ten (10) yards of soft gauze bandage not more than two (2) inches in width, held in place by not more than six (6) feet of surgeon's tape, one (1) inch in width, for each hand.



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- 13.1.2 Super Middleweights, up to and including Heavyweights, shall not use bandages of more than twelve (12) yards in length and not more than eight (8) feet of surgeon's tape, one (1) inch in width, for each hand.
- 13.1.3 The binding of surgeon's tape shall not be applied within 1.5cm of the knuckles of the Contestant's hands.
- 13.2 The Local Boxing Commission shall inspect the bandages to insure they comply with these and all Local Regulations.

#### **14.0 PROTECTION DEVICES**

- 14.1 All Professional Boxers are required to wear a mouthguards during competition.
- 14.2 The round cannot begin without the mouthguards.
- 14.3 If the mouthguards is dislodged during competition, the Referee will call time and replace the mouthguard at the first opportune moment without interfering with the immediate action.
- 14.4 Points may be deducted by the Referee if he feels the mouthguard is being purposely spit out.
- 14.5 All male boxers must wear cups.
- 14.6 All female boxers must wear Breast protectors.
- 14.7 It is the responsibility of the Boxer and their Trainer to take sufficient mouthguards to the ring and ensure that the boxers are fitted with the appropriate protection devices before a bout.

#### **15.0 MISCELLANEOUS**

- 15.1 The Champion will wear the Championship Belt when coming into the ring, which will be given to the Referee by the Champion and passed to the WBF Commissioner at ringside.
- 15.2 At the end of the contest, before the result is announced, the WBF Supervisor and or the Chairman of the Local Boxing Commission or their representative, and the Promoter or their representative shall be invited into the ring to immediately proceed with the Championship Belt Ceremony.
- 15.3 The WBF does not arrange, promote, organize or produce Championship Contests. It only promulgates rules governing the contests, licenses the use of its name and awards the Championship belt to the winner.
- 15.4 The scheduling of bouts, safety standards, supplying of safety equipment, ambulances, evacuation and emergency procedures, the provision of doctors or any of the attendant and peripheral matters necessary to supervise and administer any fight for which it has sanctioned the use of the WBF name are always the responsibility of the Promoter under the supervision and control and in accordance with the Rules of the Local Boxing Commission.



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- 15.5 It is the obligation of the Promoter and/or the Local Boxing Commission to meet all governmental safety standards and to pay for the entire boxing promotion.
- 15.6 The successful contestant of the championship bout hereby understands and agrees to adhere to the WBF Rule that they **MUST** defend the said title within the said weight class within a 90 Day period of winning the title. Failure to do so will result in the WBF declaring the title vacant.
- 15.7 Six (6) months after first winning a WBF title the Champion must also face a mandatory designated challenger from the WBF executive who may reserve the right to accept a purse bid.
- 15.8 Any WBF titleholder that contests another World Sanctioning Organization Title within the 90 day defence period without the bout being a joint sanctioned Title bout with the WBF will be automatically stripped of their title. The WBF title holder may also be stripped of the said title if they contest another combat sport bout other than that of the sport of boxing or loses in a non title bout in the same weight division within the six month defence period.**

The parties undersigned hereby agree to participate in the bout and hereby release, discharge and indemnify and keep indemnified the WBF, its officers, agents and employees, from all claims, actions, demands, judgments and executions which the undersigned, its heirs, executors, administrators, or assigns may have, or claim to have, against the WBF, its officers, agents, and employees from all personal injuries, known or unknown, and injuries to property, real or personal, caused by either directly or indirectly, or arising out of the above sporting activities.

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### **PARTICIPANTS DECLARATION**

We the undersigned explicitly and unequivocally agree and understand that the (WBF Insert title Name) with the scheduled distance of (Insert Rounds) Minute Rounds will be contested on (Insert Date)

We understand fully the inherent risks involved with the above sporting activity and fully waive all our rights, claims towards the WBF, cause of actions and assume all responsibilities and risk involving our participation.

We hereby sign freely and voluntarily with complete understanding and knowledge of the significance of the content of this participant declaration.

**Special Conditions** (If any) -

**Dated this the            day of            20**

\_\_\_\_\_  
PROMOTER -

\_\_\_\_\_  
MANAGER / BOXER -

\_\_\_\_\_  
MANAGER/ BOXER –

\_\_\_\_\_  
(WBF Supervisor) –